

Seycove Parent Sports Night



Land Acknowledgement

We thank the Coast Salish People particularly the Skwxwú7mesh nation and Tsleil-Waututh Nation, upon whose unceded traditional territory the North Vancouver School District resides. We value the opportunity to learn, share and grow on this traditional territory.



Seycove Grass Field



NO
Dogs
Please

Seasons



- Fall: Cross Country, Boys and Girls Volleyball, Swimming, Field Hockey, Boys Soccer
- Winter: Basketball, Skiing, Gymnastics
- Spring: Track & Field, Badminton, Grade 8 Boys Volleyball, Girls soccer, Boys ice hockey, Mountain Biking, Boys Rugby
- Sports we have had in the past but no longer support:
- Ultimate, Wrestling



Values and Goals of Athletics Department

- To have as many students as possible involved in sports
- Support growth of student athletes in classroom and in sport
- To compete at as high a level as possible without sacrificing development.
- Grade 8 & 9 Full Participation and Equal Playing Time
- Grade 10 Transition
- Grade 11 & 12 Playing to Win and unequal playing time

Names for Age Groups

- Grade 8 -- Bantam
 - Grade 9 – Juvenile
 - Grade 10 – Junior
 - Grade 11 – Senior
 - Grade 12 – Senior
-
- At the Senior age group, level of Competition is determined by population of school. We are AA school.
 - Bantam, Juvenile and Junior are not ranked by school size
 - Gender: Acceptance of fluid gender but one declared gender per season

Coaches

- Volunteers: Either Teachers or members of the community.
- How does someone become a coach? Volunteer— we always need people
- Issues with a coach? Speak to the coach—not after a game, reach out by email. If it isn't resolved you speak to AD. If not resolved speak to Paul Ruben the Vice Principal
- Coaches have to have an up to date CRC and Concussion Training.



Student Responsibilities

- Listen to the announcements for practices
- Check TV monitors in school for sports announcements
- Inform coach that they are interested in participating
- Attend practices and games. Inform coaches if they can't make it.
- Student Athlete Contract
- Option to attend open gyms, lunch time, Parkgate, Academies

Budget for sports

- Each sport is expected to cover its own costs. This does not come from the school's budget
- Fees vary from sport to sport: \$35 - \$500
- Why? Tournaments, Travel, BC Championships, Different referee fees
- Example: Volleyball needs 1 ref 2 scorekeepers, Basketball needs two refs and three scorekeepers
- If there is an overnight trip we have to have a meeting
- Seycove Athletic Fee: Minor Sport- \$35, Major sport \$60
- School Cash Online: Make sure you use an up to date email with notifications turned on.

Quitting?

- We understand people may quit from time to time.
- We try to be as inclusive and fair as possible
- Once the budget has been set this is a problem
- Budget formula is (total team costs divided amongst players) This may include clothing/ swag.
- If someone quits they may be charged the full amount of the team fee.

Parent Responsibilities

- Fill in forms
- Driving
- If Driving other kids you have to get a Drivers Abstract and CRC
- Appropriate behaviour at games
- Pay fees





[PODCAST](#)

[SPEAKING OPPORTUNITIES](#)

[MEDIA](#)

[BLOG](#)

[CONTACT](#)

Welcome to Better Sports Parents

Better Sports Parents Summary:

- Sports should be fun, kids need to play
- Parents or coaches yelling does not help
- Multi sport with late specialization is generally better
- Private sessions are expensive and may help but may lead to burn out and uncreative play
- Don't give "advice" on the ride home

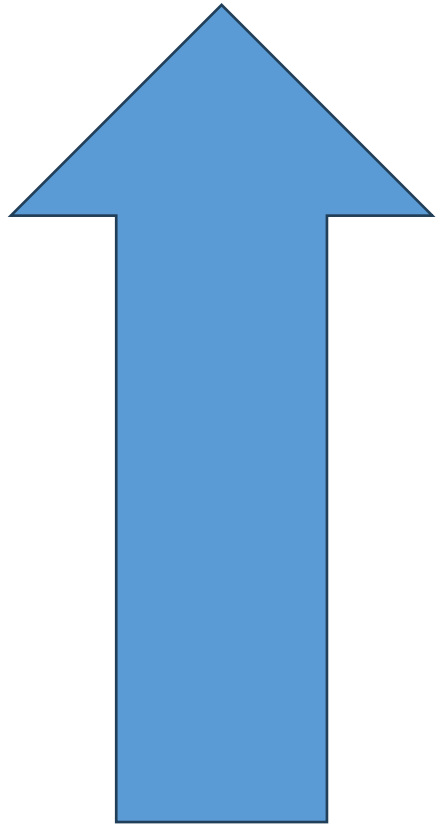
Team photo dates:

Fall: October 22

Winter: December 2

Spring: March 31





Playing
UP?

Forms

This is an important notice.
Please have it translated.

Secondary Extra-Curricular Athletics SEASONAL SPORTS/ATHLETIC EVENTS Informed Consent

For: Senior Girls Volleyball

Dear Parents/Guardians:

The written, informed consent of parents/guardians is required for participation of students in all extra-curricular seasonal sport, athletic events and activities in North Vancouver School District No. 44. The purpose of the Informed Consent document is to provide students and parents/guardians with information that is related specifically to each extra-curricular seasonal sport. The information contained herein applies to the entire season of the specific extra-curricular sport and/or athletic event(s) and also extends to pre-season and post-season activities i.e., exhibition games, training camps, league playoffs, District/Zone playoffs, Regional and/or Provincial Finals. The parent/guardian consenting signatures on this document indicate acknowledgement and acceptance of the information contained herein inclusive of risks and potential consequences.

The scheduling of any extra-curricular seasonal sport and/or athletic event(s) involving a multiple-day and/or out-of-province excursion is governed under the provisions of School District Policy 207: Field Trips and parents/guardians will be informed separately and accordingly.

Within this package, you will find information relating to:

- Purpose(s) of the extra-curricular athletic program
- Notification of student/parent pre-season meeting required for: football, rugby, alpine skiing, snowboarding, gymnastics, diving, wrestling, and mountain biking.
- Itinerary consisting of schedule, date(s), and times
- Transportation arrangements
- Description of supervisors: teachers, employees of the Board and other adult volunteers, along with contact information
- Description of direct and indirect supervision
- Description of all activities and the inherent risks and potential consequences
- Assessment of student skills and abilities as pertaining to the extra-curricular sport/athletic activity
- Behavioral expectations of students plus safety rules and regulations
- Emergency Plan: cell phone, first-aid provision(s), injury/incident reporting
- Description of budget consisting of revenue (cost to student) and expenditures (cost of trip)
- Notice regarding cancellation and deposits
- Parental responsibility to arrange student accident or liability insurance
- Parental responsibility to determine whether the student may participate in the sport
- Student Awareness of Risk and Responsibility Form completed by student

EXTRA-CURRICULAR ATHLETICS OBJECTIVES:

The objective of extra-curricular athletics is to foster a healthy appreciation of competition in the context of individual and team sports. Specifically, our program aims for the pursuit of excellence in the areas of commitment, competition, skill development, enjoyment, cooperation, and participation by students.

Informed Consent

Return this Informed Consent Approval to School

SECONDARY EXTRA-CURRICULAR ATHLETICS
SEASONAL SPORTS/ATHLETIC EVENTS
INFORMED CONSENT APPROVAL

|
For: Senior Girls Volleyball

PARENT/GUARDIAN PERMISSION

A student must have parent/guardian written and signed permission in order to participate in any extra-curricular seasonal sport and/or athletic event. Without this signed consent, students will not be able to participate in extra-curricular high school sports in North Vancouver School District No. 44.

PARENT/GUARDIAN CONSENT

I, _____, have read the full Informed Consent document that pertains to my
Print Parent/Guardian's Name
son/daughter _____'s participation in this extra-curricular sport and/or athletic event. I am
Print Child's name
aware of the inherent risks and potential consequences that may occur as a result of participation in this extra-curricular sport and/or athletic event. My signature here indicates that my child has my informed consent to participate in the stated extra-curricular seasonal sport and/or athletic event.

Signed _____

Dated: _____

Student Medical Form in Electronic version is saveable

North Vancouver School District
the natural place to learn!

SCHOOL SERVICES
Ph: 604-903-3489
Fax: 604-903-3445

Student Medical Form

Name of Student: _____ Grade: _____ ☐ Male ☐ Female

School: _____

Care Card Personal Health No.: _____ Birth Day (d/m/y): _____

Family Doctor: _____ Dr. Phone: _____

Name of Parent/Guardian: _____

Address: _____ Postal Code: _____

Phone (Home): _____ (Work): _____ (Cell): _____

Please note any health condition, physical handicap, emotional difficulty, behaviour problem, or other factors that may limit full participation in this program.

Has the student had a previous injury that would require special first aid treatment should another injury occur?

The student has received the regular immunization program administered in BC for: Diphtheria; Pertussis & Tetanus (DPT); Tetanus and Diphtheria (TD); Polio; Measles, Mumps and Rubella (MMR)

☐ Yes ☐ No If no, please explain: _____

Does the student wear Contact Lenses: ☐ Yes ☐ No

Student is subject to:

☐ Asthma	☐ Eye infections	☐ Motion Sickness	☐ Sinus Problems
☐ Bronchitis	☐ Fainting	☐ Muscle Pulls	☐ Sleep walking
☐ Dislocations	☐ Frequent Colds	☐ Nose bleeds	☐ Sprains
☐ Dizziness	☐ Headaches	☐ Seizures	☐ Tonsillitis
☐ Ear ache	☐ High Blood Pressure	☐ Sensitive Skin	
☐ Enuresis (bed wetting)	☐ Kidney problems	☐ Severe allergies/anaphylaxis (*provide details below)	

Other conditions and/or *further detail (describe below)

Alternate Emergency Contacts:

Name: _____ Phone: _____

Name: _____ Phone: _____

In case of emergency, I hereby give permission to the physician selected by the supervisor(s) to provide necessary treatment for my child.

Parent/Guardian Signature: _____ Date: _____

THIS INFORMATION WILL BE KEPT ON FILE

23-Sept-2009 [Print Form](#) 3210-99-03 Page 1 of 1

Student Athlete Contract



Seycove Student-Athlete Code of Conduct

Each student representing Seycove through extra-curricular sports is required to follow the *Seycove Student-Athlete Code of Conduct*. During all school-sponsored events, games, practices, tournaments and special events (banquets, fundraisers, etc), student-athletes are to represent the Deep Cove community, the school, their families and themselves to the highest of standards. Student-athletes who do not abide by this code may face a range of disciplinary action from the school, and from any athletic organization that may also have jurisdiction at the time of the infraction(s).

Additionally, Seycove student-athletes involved in extra-curricular sports must agree to the following:

1. Extra-curricular sports are meant to serve as a constructive adjunct to classroom studies. That said, a student-athlete's academics take priority over any sport at Seycove, and student-athletes are expected to perform and excel in the classroom. Anything less than their best effort is unacceptable. Student-athletes are required to:

- Be on time and attend all classes;
- See teachers to complete tests and assignments missed due to team activities, promptly;
- Maintain the best possible academic standing in all of their classes;

Failure to abide by these expectations may result in: loss of playing time, the student being benched or possible suspension for a period of time and/or removal from the team.

2. A student-athlete must attend all practices scheduled by the coach. If an athlete is going to miss a scheduled practice or game, it must be evident that every effort has been made to notify the coach directly with reasonable notice under the given circumstances. Barring sudden emergencies, "reasonable notice" shall mean no fewer than three days.
3. Any student-athlete dismissed from the team will receive **no refund of fees**. Please note that removal from a team, either through resignation or dismissal, will also result in a loss of yearly athletic points for the year, no consideration for any athletic year end awards or consideration for Athlete of the Year.

I have read and understand this document. Further, I accept that my athletic eligibility may be reviewed if I am unable to meet any of the above expectations.

A Parent signs here
and the
Student signs here

_____/_____/_____
(Parent/Guardian Name – please print) (Date) (Parent/Guardian Signature)

_____/_____/_____
(Student Name – please print) (Date) (Student Signature)

Please indicate with ✓ if you are an International Student: ☐

Student Awareness of Risk and Responsibility

Students fill this in to acknowledge there are risks to this activity

Student Awareness of Risk and Responsibility Form

_____, is arranging
Name of School
_____ for
Description of Activity
_____ on _____
Name of Class/Group *Date(s)*

I, _____, understand that activities of this type may expose me to
Name of student
elements of risk. I have been briefed on the possible risks involved and the precautions that are to be taken.

The risks and precautions were explained to me by _____

Please comment:

- Expectations for my behaviour _____
- My individual and group responsibilities _____
- My level of skills and abilities _____
- My understanding of the destination area and boundaries _____
- I understand the possible risks and consequences (i.e., injury or death) _____
- My right to be excused from an activity if I feel my safety to be at risk _____
- Safety precautions _____
- Safety equipment _____

I have been made aware of the possible risks and consequences (i.e. injury or death) related to the identified activity and freely agree to participate in the training and competition and to act in a safe and responsible manner according to *School District Policy 302: Student Conduct* and the *School Code of Conduct*.

Signature of Student _____ Date _____

Printed Name of Student _____ Teacher's Initials _____

Note: In addition to the Student Awareness of Risk and Responsibility Form, a written informed consent signed by the parent/guardian is required for student participation in this activity.

What about Football and Transfers?



- We will never have a football team
- If one of our athletes plays with a football team at another school, BC School Sports adds our numbers together, which puts Windsor in the more competitive AAA Division
- Students can transfer before the first day of Grade 9 without penalty.
- If they transfer after Grade 9, they are not allowed to play in any school sports that they played the year before at their previous school.



Questions?